

WEEK 3 Classic Reboot Shopping List:

Apples (Golden Delicious): 2

Apples (Pink Lady): 3

Avocados: 2

Beets: 3

Bell Peppers: 2

Butternut Squash: 1 bag, cubed

Carrots: 3lb bag

Cherries: 1 small bag

Chicken Broth: 16 ounces

Corn – 1 small can

Cucumbers: 1

Edamame Hummus

Grapefruit: 1

Kale – 4 bundles

Kiwis: 2

Lemons: 2

Onion: 1, small

Oranges: 1

Parsley: 1 small handful

Pears: 1

Pineapple: 1 can, diced

Raisins: 1 small bag

Refried Black Beans: 1 can

Snow Peas: 1 small bag

Spaghetti Squash: 1

Spinach: large container

Strawberries: 1 small container

Sweet Potatoes: 2

Tomatoes: 1 container of grape tomatoes

Water Chestnuts : 1 small can

**Miscellaneous Items already on hand:**

Cinnamon

Cumin

Green Tea

Maple Syrup

Minced Garlic

Montreal Steak Seasoning

Olive Oil

Roasted Red Pepper Vinegarette

Salsa

Stir Fry Sauce

Tomato Sauce

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